



DONATE BLOOD

Help keep families
together & healthy

“We are so grateful the right type of
blood was available to bring my children
into this world and survive!”

—Heidi, mother of Jon, Alex, and Rachel

ALL BLOOD TYPES ARE NEEDED, ESPECIALLY TYPE O. CALL 1-888-GIVE-BLD OR VISIT MBC.ORG

West Metro Fire Rescue District Community Blood Drive

Thursday, April 20th
9:30am-12:30pm

Location: Station 2 - 4141 Douglas Drive North, Crystal

Sign-up at: www.mbcherohub.club/searchdrives
and enter sponsor code 0372 or contact Joel at
jnelson@westmetrofire.com or (763) 230-7007.



Memorial
BLOOD CENTERS

A Division of Innovative
Blood Resources

COMPLETE YOUR HEALTH HISTORY QUESTIONNAIRE ONLINE—IN THE PRIVACY OF YOUR HOME OR OFFICE
ON THE DAY OF YOUR DONATION AT MBC.ORG/IDONATE • Bring ID • Eat before donating • No cold or flu
symptoms for 3 days • ©2014 Memorial Blood Centers. All rights reserved.

